

Fall 1		Credits	Success Marker	Spring 1		Credits	Success Marker
COMS 100	3			BIOS 103	3		
ENGL 103	3			BIOS 105	1		
GE: Creativity & Critical Analysis	3			ENGL 203	3		
SOCI 170 or 250	3			Elective	3		
PHHE 295	3			MATH 104**/105*, 110*, 210*, 211*, or 229*	3-4	*C or better	
UNIV 101	1			Elective	3	** Receive an S grade	
Total hours	16			Total hours	16-17		
Notes/Comments:				Notes/Comments:			

Fall 2		Credits	Success Marker	Spring 2		Credits	Success Marker
PHHE 315	3			CHEM 110	3		
STAT 100*, UBUS 223*, or STAT 200*	3-4	*C or better		CHEM 111	1		
ENGL 350	3			PHHE 325	3		
Minor Elective	3			Minor Elective	3		
Elective	3			Elective	3		
				Elective	3		
Total hours	15-16			Total hours	16		
Notes/Comments:				Notes/Comments:			

Fall 3		Credits	Success Marker	Spring 3		Credits	Success Marker
PHHE 461	3			PHHE 467	3		
BIOS 109 or 357	3-5			BIOS 213	3		
PHHE 431, 433, 435, 437, 439, 441, 451, 453, or 463	3			PHHE 487	1		
Minor Elective	3			Minor Elective	3		
Minor Elective	3			Minor Elective	3		
				GERO 365, HDFS 280, PHHE 410 or PSYC 225	3		
Total hours	15-17			Total hours	16		
Notes/Comments:				Notes/Comments:			

Fall 4		Credits	Success Marker	Spring 4		Credits	Success Marker
PHHE 455	3	• Apply for graduation (2/1 for May, 6/15 for August, or 9/1 for December)		PHHE 489	6	• Meet all degree requirements based on courses in progress.	
PHHE 469	3			Minor or Elective	3		
Minor and/or Electives	6			PHHE 431, 433, 435, 437, 439, 441, 451, 453, or 463	3		
PHHE 351	3						
Total hours	15			Total hours	12		
Notes/Comments: Apply for graduation (2/1 for May, 6/15 for August, or 9/1 for Decem				Notes/Comments:			

Notes/Comments: This plan is an example of what a four year plan could look like for a typical student. Placement exam scores in math as well as the completion of coursework may change the plan. It should not be used in the place of regular academic advising appointments. All students are encouraged to meet with their advisor each semester to discuss course scheduling. All requirements are subject to change by NIU.